

CLAIMS

1.(amended) An adjustable bed, comprising:

a platform having a flexible surface;

5 a flex mechanism adapted to flex the platform to form
a flexion position that includes at least one of a sitting-up
position and a knee break; and

a tilt mechanism adapted to laterally tilt the platform
surface corresponding to an area from an upper body to a lower
leg of a bed user lying on the platform surface, wherein

10 the flex and tilt mechanisms are both operable with the
other mechanism in an operational state.